

Hello

It is **Monday, September 29.**  
Enjoy your texture modified meal.



## Lunch



### Main

Chicken Florentine

### Served with

Mashed potato, Sesame greens

### Dessert

Apple puree / custard

## Dinner



### Soup

Potato and leek

### Main

Lemongrass lamb

### Served with

Cream mashed potato, Broccoli and carrots

### Dessert

Treacle

Hello

It is **Tuesday, September 30.**  
Enjoy your texture modified meal.



## Lunch



### Main

Poached chicken with soy and sesame

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### Served with

Carrot, rice, Carrot, beans

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### Dessert

Citrus mousse

## Dinner



### Soup

Chicken noodle

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### Main

Chicken tortellini

---

### Served with

Brussel sprouts, pumpkin and mashed potato

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### Dessert

Peaches and cream

Hello

It is **Wednesday, October 01.**  
Enjoy your texture modified meal.



## Lunch



### Main

Roasted beef /herb bernaïse

### Served with

Sesame rice vinegar Cucumber, Mashed  
duo of potato and buttered peas

### Dessert

Fruit pureed

## Dinner



### Soup

Coconut pumpkin

### Main

Carmelised pepper pork

### Served with

Green beans, carrot and mashed Potato

### Dessert

Mango mousse

Hello

It is **Thursday, October 02.**  
Enjoy your texture modified meal.



## Lunch



### Main

Pickled pork/ mustard sauce

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### Served with

Braised cabbage and rice, Braised cabbage and rice

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### Dessert

Nutmeg custard

## Dinner



### Soup

Ham and bean

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### Main

Honey soy chicken

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### Served with

Asian green, mashed potato

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### Dessert

Chocolate mousse

Hello

It is **Friday, October 03.**  
Enjoy your texture modified meal.



## Lunch



### Main

Lemon and ginger steamed fish

### Served with

Buttered mash, green peas and carrots,  
chips / coleslaw

### Dessert

Mango coconut pudding

## Dinner



### Soup

Green peas and fetta

### Main

Lamb kebabs

### Served with

Peas and carrot, ginger, mashed potato

### Dessert

Duo chocolate custard pots

Hello

It is **Saturday, October 04.**  
Enjoy your texture modified meal.



## Lunch



### Main

Italian sausage

### Served with

Rice, mixed veg, Mashed potato, peas

### Dessert

Raspberry mousse

## Dinner



### Soup

Beef broth

### Main

Pork stir fry

### Served with

Cauliflower and potato mash, broccoli

### Dessert

Plum and pear pureed

Hello

It is **Sunday, October 05.**  
Enjoy your texture modified meal.



## Lunch



### Main

Pork

### Served with

Rice, Roast potato, roast pumpkin and beans

### Dessert

Chocolate mousse

## Dinner



### Soup

Chicken and macaroni

### Main

Aromatic beef curry

### Served with

Potato, green peas and corn

### Dessert

Blueberry and mascarpone slice

Hello

It is **Monday, October 06.**  
Enjoy your texture modified meal.



## Lunch



### Main

Beef

### Served with

Golden potatoes and salad, Bechemel potato, roasted tomato (no skin) and zucchini

### Dessert

Strawberry mango ice cream

## Dinner



### Soup

Green minestrone w/ pesto

### Main

Cheesy scrambled eggs

### Served with

Duo potato mash and peas

### Dessert

Custard



Hello

It is **Tuesday, October 07.**  
Enjoy your texture modified meal.



## Lunch



### Main

Chicken

### Served with

Chips and salad, Butter mash, beetroot and peas

### Dessert

Pureed fruits and whipped cream

## Dinner



### Soup

Potato and cheese

### Main

Cantonese beef

### Served with

Creamy polenta, broccoli and corn

### Dessert

Chocolate mousse

Hello

It is **Wednesday, October 08.**  
Enjoy your texture modified meal.



## Lunch



### Main

Lamb

### Served with

Garlic butter potato, beans and broccoli,  
Sesame rice

### Dessert

Banana cream

## Dinner



### Soup

Hungarian cream of mushroom

### Main

Thai pork

### Served with

Sweet potato, cauliflower

### Dessert

Peach pureed

Hello

It is **Thursday, October 09.**  
Enjoy your texture modified meal.



## Lunch



### Main

Sausages

---

### Served with

Creamy mashed potato, pumpkin and zucchini, Pickled vegetables

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### Dessert

Fruit pureed

## Dinner



### Soup

Asian chicken noodle

---

### Main

Beef croquettes

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### Served with

Carrot, potato and broccoli

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### Dessert

Mixed berry mousse

Hello

It is **Friday, October 10.**  
Enjoy your texture modified meal.



## Lunch



### Main

Ginger soy salmon

### Served with

Chips and mixed vegetables, Lemon

### Dessert

Purred fruits and whipped cream

## Dinner



### Soup

Chicken and cauliflower

### Main

Creamy chicken pasta

### Served with

Cous Cous

### Dessert

Pear puree

Hello

It is **Saturday, October 11.**  
Enjoy your texture modified meal.



## Lunch



### Main

Lamb

### Served with

Lemon potato and beans, Rice

### Dessert

Chocolate mousse

## Dinner



### Soup

Carrot and lentil

### Main

Pork w/ katsu sauce

### Served with

Fragrant rice and Asian medley vegetables

### Dessert

Mango mousse

Hello

It is **Sunday, October 12.**  
Enjoy your texture modified meal.



## Lunch



### Main

Pork

### Served with

Potato, honey carrots and broccoli, Sesame cucumber and spice rice

### Dessert

Lemon and blackberry frozen yoghurt slice

## Dinner



### Soup

Pumpkin

### Main

Fish

### Served with

Sweet potato mash and crushed peas

### Dessert

Apple pureed

Hello

It is **Monday, October 13.**  
Enjoy your texture modified meal.



## Lunch



### Main

Fish

### Served with

Cabbage, potato and zucchini, Crunch salad / sesame dressing

### Dessert

Chocolate magic cake

## Dinner



### Soup

White bean and sausage

### Main

Chicken

### Served with

Wombok, carrot green bean

### Dessert

Pina colada lush slice

Hello

It is **Tuesday, October 14.**  
Enjoy your texture modified meal.



## Lunch



### Main

Pork

### Served with

Coconut rice,

### Dessert

Berry lemon trifle

## Dinner



### Soup

Broccoli and kale

### Main

Fish

### Served with

Lemon fragrant rice

### Dessert

Baked chocolate cheesecake



Hello

It is **Wednesday, October 15.**  
Enjoy your texture modified meal.



## Lunch



### Main

Turkey

### Served with

Herb butter chat potato, corn and peas,  
Rice

### Dessert

Fruit puree

## Dinner



### Soup

Korma cauliflower

### Main

Beef

### Served with

Mashed potato, broccoli and carrots

### Dessert

Chocolate panna cotta

Hello

It is **Thursday, October 16.**  
Enjoy your texture modified meal.



## Lunch



### Main

Chicken

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### Served with

Garlic butter-infused rice, Potato and cauliflower Green peas

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### Dessert

Carrot cake

## Dinner



### Soup

Rich creamy tomato and basil

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### Main

Lamb

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### Served with

Beetroot, potato and pumpkin

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### Dessert

Strawberry cheesecake

Hello

It is **Friday, October 17.**  
Enjoy your texture modified meal.



## Lunch



### Main

Fish

### Served with

Rice, Roasted smashed potato and mixed greens

### Dessert

Chocolate cake

## Dinner



### Soup

Sweet potato and lentil

### Main

Pork

### Served with

Mashed potato, sweet potato and peas

### Dessert

Honey and coconut panna cotta

Hello

It is **Saturday, October 18.**  
Enjoy your texture modified meal.



## Lunch



### Main

Chicken

### Served with

Rice, Mashed potato, broccoli Carrots

### Dessert

Ginger honey cake

## Dinner



### Soup

Chicken laksa

### Main

Chicken

### Served with

Zucchini, corn and potato

### Dessert

Vanilla mousse / blueberry sauce

Hello

It is **Sunday, October 19.**  
Enjoy your texture modified meal.



## Lunch



### Main

Beef

### Served with

Rice, Peas, pumpkin, roast potato

### Dessert

Vanilla mango and raspberry slice

## Dinner



### Soup

Pea and ham

### Main

Chicken

### Served with

Peas, zucchini and corn

### Dessert

Mixed berry mousse

Hello

It is **Monday, October 20.**  
Enjoy your texture modified meal.



## Lunch



### Main

Chicken

### Served with

Potato gratin, peas and corn,

### Dessert

Sponge cake

## Dinner



### Soup

Broccoli

### Main

Salmon

### Served with

Cream mash, bean, carrots

### Dessert

Apple pureed

Hello

It is **Tuesday, October 21.**  
Enjoy your texture modified meal.



## Lunch



### Main

Chicken

### Served with

Rice, Mixed vegetables

### Dessert

Fruit puree and cream

## Dinner



### Soup

Split pea and mushroom

### Main

Pork

### Served with

Mash potato, peas and Bean

### Dessert

Caramel mousse

Hello

It is **Wednesday, October 22.**  
Enjoy your texture modified meal.



## Lunch



### Main

Pork

### Served with

Rice, Zucchini, carrot

### Dessert

Strawberry mousse

## Dinner



### Soup

Minestrone

### Main

Chicken

### Served with

Hokkien noodles

### Dessert

custard



Hello

It is **Thursday, October 23.**  
Enjoy your texture modified meal.



## Lunch



### Main

Beef

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### Served with

Rice, Broccoli, pumpkin

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### Dessert

Upside-down pineapple cake

## Dinner



### Soup

Beef vegetable

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### Main

Pork

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### Served with

Rice, corn, wombok

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### Dessert

Fruit puree

Hello

It is **Friday, October 24.**  
Enjoy your texture modified meal.



## Lunch



### Main

Fish

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### Served with

Rice, Potato, peas and pumpkin

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### Dessert

Vanilla pannacotta

## Dinner



### Soup

French onion

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### Main

Lamb

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### Served with

Roast vegetable mix

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### Dessert

Chocolate pudding

Hello

It is **Saturday, October 25.**  
Enjoy your texture modified meal.



## Lunch



### Main

Chicken

### Served with

Rice, Chilli mango pieces

### Dessert

Tiramisu

## Dinner



### Soup

Pumpkin

### Main

Chicken

### Served with

Mashed potato, peas, pumpkin

### Dessert

Fruit puree

Hello

It is **Sunday, October 26.**  
Enjoy your texture modified meal.



## Lunch



### Main

Beef

### Served with

Rice, Roast potato and veg medley

### Dessert

Summer pudding

## Dinner



### Soup

Cream of vegetable

### Main

Pork

### Served with

Vermicelli noodles

### Dessert

Chocolate ripple cake

Hello

It is **Monday, October 27.**  
Enjoy your texture modified meal.



## Lunch



### Main

Chicken Florentine

### Served with

Mashed potato, Sesame greens

### Dessert

Apple puree / custard

## Dinner



### Soup

Potato and leek

### Main

Lemongrass lamb

### Served with

Cream mashed potato, Broccoli and carrots

### Dessert

Treacle

Hello

It is **Tuesday, October 28.**  
Enjoy your texture modified meal.



## Lunch



### Main

Poached chicken with soy and sesame

---

### Served with

Carrot, rice, Carrot, beans

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### Dessert

Citrus mousse

## Dinner



### Soup

Chicken noodle

---

### Main

Chicken tortellini

---

### Served with

Brussel sprouts, pumpkin and mashed potato

---

### Dessert

Peaches and cream

Hello

It is **Wednesday, October 29.**  
Enjoy your texture modified meal.



## Lunch



### Main

Roasted beef /herb bernaïse

### Served with

Sesame rice vinegar Cucumber, Mashed  
duo of potato and buttered peas

### Dessert

Fruit pureed

## Dinner



### Soup

Coconut pumpkin

### Main

Carmelised pepper pork

### Served with

Green beans, carrot and mashed Potato

### Dessert

Mango mousse

Hello

It is **Thursday, October 30.**  
Enjoy your texture modified meal.



## Lunch



### Main

Pickled pork/ mustard sauce

---

### Served with

Braised cabbage and rice, Braised cabbage and rice

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### Dessert

Nutmeg custard

## Dinner



### Soup

Ham and bean

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### Main

Honey soy chicken

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### Served with

Asian green, mashed potato

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### Dessert

Chocolate mousse



Hello

It is **Friday, October 31.**  
Enjoy your texture modified meal.



## Lunch



### Main

Lemon and ginger steamed fish

### Served with

Buttered mash, green peas and carrots,  
chips / coleslaw

### Dessert

Mango coconut pudding

## Dinner



### Soup

Green peas and fetta

### Main

Lamb kebabs

### Served with

Peas and carrot, ginger, mashed potato

### Dessert

Duo chocolate custard pots

Hello

It is **Saturday, November 01.**  
Enjoy your texture modified meal.



## Lunch



### Main

Italian sausage

### Served with

Rice, mixed veg, Mashed potato, peas

### Dessert

Raspberry mousse

## Dinner



### Soup

Beef broth

### Main

Pork stir fry

### Served with

Cauliflower and potato mash, broccoli

### Dessert

Plum and pear pureed

Hello

It is **Sunday, November 02.**  
Enjoy your texture modified meal.



## Lunch



### Main

Pork

### Served with

Rice, Roast potato, roast pumpkin and beans

### Dessert

Chocolate mousse

## Dinner



### Soup

Chicken and macaroni

### Main

Aromatic beef curry

### Served with

Potato, green peas and corn

### Dessert

Blueberry and mascarpone slice

Hello

It is **Monday, November 03.**  
Enjoy your texture modified meal.



## Lunch



### Main

Beef

### Served with

Golden potatoes and salad, Bechemel potato, roasted tomato (no skin) and zucchini

### Dessert

Strawberry mango ice cream

## Dinner



### Soup

Green minestrone w/ pesto

### Main

Cheesy scrambled eggs

### Served with

Duo potato mash and peas

### Dessert

Custard

Hello

It is **Tuesday, November 04.**  
Enjoy your texture modified meal.



## Lunch



### Main

Chicken

### Served with

Chips and salad, Butter mash, beetroot and peas

### Dessert

Pureed fruits and whipped cream

## Dinner



### Soup

Potato and cheese

### Main

Cantonese beef

### Served with

Creamy polenta, broccoli and corn

### Dessert

Chocolate mousse

Hello

It is **Wednesday, November 05**.  
Enjoy your texture modified meal.



## Lunch



### Main

Lamb

### Served with

Garlic butter potato, beans and broccoli,  
Sesame rice

### Dessert

Banana cream

## Dinner



### Soup

Hungarian cream of mushroom

### Main

Thai pork

### Served with

Sweet potato, cauliflower

### Dessert

Peach pureed

Hello

It is **Thursday, November 06.**  
Enjoy your texture modified meal.



## Lunch



### Main

Sausages

### Served with

Creamy mashed potato, pumpkin and zucchini, Pickled vegetables

### Dessert

Fruit pureed

## Dinner



### Soup

Asian chicken noodle

### Main

Beef croquettes

### Served with

Carrot, potato and broccoli

### Dessert

Mixed berry mousse

Hello

It is **Friday, November 07.**  
Enjoy your texture modified meal.



## Lunch



### Main

Ginger soy salmon

### Served with

Chips and mixed vegetables, Lemon

### Dessert

Purred fruits and whipped cream

## Dinner



### Soup

Chicken and cauliflower

### Main

Creamy chicken pasta

### Served with

Cous Cous

### Dessert

Pear puree



Hello

It is **Saturday, November 08.**  
Enjoy your texture modified meal.



## Lunch



### Main

Lamb

### Served with

Lemon potato and beans, Rice

### Dessert

Chocolate mousse

## Dinner



### Soup

Carrot and lentil

### Main

Pork w/ katsu sauce

### Served with

Fragrant rice and Asian medley vegetables

### Dessert

Mango mousse

Hello

It is **Sunday, November 09.**  
Enjoy your texture modified meal.



## Lunch



### Main

Pork

### Served with

Potato, honey carrots and broccoli, Sesame cucumber and spice rice

### Dessert

Lemon and blackberry frozen yoghurt slice

## Dinner



### Soup

Pumpkin

### Main

Fish

### Served with

Sweet potato mash and crushed peas

### Dessert

Apple pureed

Hello

It is **Monday, November 10.**  
Enjoy your texture modified meal.



## Lunch



### Main

Fish

### Served with

Cabbage, potato and zucchini, Crunch salad / sesame dressing

### Dessert

Chocolate magic cake

## Dinner



### Soup

White bean and sausage

### Main

Chicken

### Served with

Wombok, carrot green bean

### Dessert

Pina colada lush slice

Hello

It is **Tuesday, November 11.**  
Enjoy your texture modified meal.



## Lunch



### Main

Pork

### Served with

Coconut rice,

### Dessert

Berry lemon trifle

## Dinner



### Soup

Broccoli and kale

### Main

Fish

### Served with

Lemon fragrant rice

### Dessert

Baked chocolate cheesecake

Hello

It is **Wednesday, November 12.**  
Enjoy your texture modified meal.



## Lunch



### Main

Turkey

### Served with

Herb butter chat potato, corn and peas,  
Rice

### Dessert

Fruit puree

## Dinner



### Soup

Korma cauliflower

### Main

Beef

### Served with

Mashed potato, broccoli and carrots

### Dessert

Chocolate panna cotta

Hello

It is **Thursday, November 13.**  
Enjoy your texture modified meal.



## Lunch



### Main

Chicken

---

### Served with

Garlic butter-infused rice, Potato and cauliflower Green peas

---

### Dessert

Carrot cake

## Dinner



### Soup

Rich creamy tomato and basil

---

### Main

Lamb

---

### Served with

Beetroot, potato and pumpkin

---

### Dessert

Strawberry cheesecake

Hello

It is **Friday, November 14.**  
Enjoy your texture modified meal.



## Lunch



### Main

Fish

### Served with

Rice, Roasted smashed potato and mixed greens

### Dessert

Chocolate cake

## Dinner



### Soup

Sweet potato and lentil

### Main

Pork

### Served with

Mashed potato, sweet potato and peas

### Dessert

Honey and coconut panna cotta

Hello

It is **Saturday, November 15.**  
Enjoy your texture modified meal.



## Lunch



### Main

Chicken

### Served with

Rice, Mashed potato, broccoli Carrots

### Dessert

Ginger honey cake

## Dinner



### Soup

Chicken laksa

### Main

Chicken

### Served with

Zucchini, corn and potato

### Dessert

Vanilla mousse / blueberry sauce



Hello

It is **Sunday, November 16.**  
Enjoy your texture modified meal.



## Lunch



### Main

Beef

### Served with

Rice, Peas, pumpkin, roast potato

### Dessert

Vanilla mango and raspberry slice

## Dinner



### Soup

Pea and ham

### Main

Chicken

### Served with

Peas, zucchini and corn

### Dessert

Mixed berry mousse

Hello

It is **Monday, November 17.**  
Enjoy your texture modified meal.



## Lunch



### Main

Chicken

### Served with

Potato gratin, peas and corn,

### Dessert

Sponge cake

## Dinner



### Soup

Broccoli

### Main

Salmon

### Served with

Cream mash, bean, carrots

### Dessert

Apple pureed

Hello

It is **Tuesday, November 18.**  
Enjoy your texture modified meal.



## Lunch



### Main

Chicken

### Served with

Rice, Mixed vegetables

### Dessert

Fruit puree and cream

## Dinner



### Soup

Split pea and mushroom

### Main

Pork

### Served with

Mash potato, peas and Bean

### Dessert

Caramel mousse

Hello

It is **Wednesday, November 19.**  
Enjoy your texture modified meal.



## Lunch



### Main

Pork

### Served with

Rice, Zucchini, carrot

### Dessert

Strawberry mousse

## Dinner



### Soup

Minestrone

### Main

Chicken

### Served with

Hokkien noodles

### Dessert

custard

Hello

It is **Thursday, November 20.**  
Enjoy your texture modified meal.



## Lunch



### Main

Beef

---

### Served with

Rice, Broccoli, pumpkin

---

### Dessert

Upside-down pineapple cake

## Dinner



### Soup

Beef vegetable

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### Main

Pork

---

### Served with

Rice, corn, wombok

---

### Dessert

Fruit puree

Hello

It is **Friday, November 21.**  
Enjoy your texture modified meal.



## Lunch



### Main

Fish

---

### Served with

Rice, Potato, peas and pumpkin

---

### Dessert

Vanilla pannacotta

## Dinner



### Soup

French onion

---

### Main

Lamb

---

### Served with

Roast vegetable mix

---

### Dessert

Chocolate pudding

Hello

It is **Saturday, November 22.**  
Enjoy your texture modified meal.



## Lunch



### Main

Chicken

### Served with

Rice, Chilli mango pieces

### Dessert

Tiramisu

## Dinner



### Soup

Pumpkin

### Main

Chicken

### Served with

Mashed potato, peas, pumpkin

### Dessert

Fruit puree

Hello

It is **Sunday, November 23.**  
Enjoy your texture modified meal.



## Lunch



### Main

Beef

### Served with

Rice, Roast potato and veg medley

### Dessert

Summer pudding

## Dinner



### Soup

Cream of vegetable

### Main

Pork

### Served with

Vermicelli noodles

### Dessert

Chocolate ripple cake



Hello

It is **Monday, November 24.**  
Enjoy your texture modified meal.



## Lunch



### Main

Chicken Florentine

### Served with

Mashed potato, Sesame greens

### Dessert

Apple puree / custard

## Dinner



### Soup

Potato and leek

### Main

Lemongrass lamb

### Served with

Cream mashed potato, Broccoli and carrots

### Dessert

Treacle

Hello

It is **Tuesday, November 25.**  
Enjoy your texture modified meal.



## Lunch



### Main

Poached chicken with soy and sesame

---

### Served with

Carrot, rice, Carrot, beans

---

### Dessert

Citrus mousse

## Dinner



### Soup

Chicken noodle

---

### Main

Chicken tortellini

---

### Served with

Brussel sprouts, pumpkin and mashed potato

---

### Dessert

Peaches and cream

Hello

It is **Wednesday, November 26.**  
Enjoy your texture modified meal.



## Lunch



### Main

Roasted beef /herb bernaïse

### Served with

Sesame rice vinegar Cucumber, Mashed  
duo of potato and buttered peas

### Dessert

Fruit pureed

## Dinner



### Soup

Coconut pumpkin

### Main

Carmelised pepper pork

### Served with

Green beans, carrot and mashed Potato

### Dessert

Mango mousse

Hello

It is **Thursday, November 27.**  
Enjoy your texture modified meal.



## Lunch



### Main

Pickled pork/ mustard sauce

---

### Served with

Braised cabbage and rice, Braised cabbage and rice

---

### Dessert

Nutmeg custard

## Dinner



### Soup

Ham and bean

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### Main

Honey soy chicken

---

### Served with

Asian green, mashed potato

---

### Dessert

Chocolate mousse

Hello

It is **Friday, November 28.**  
Enjoy your texture modified meal.



## Lunch



### Main

Lemon and ginger steamed fish

### Served with

Buttered mash, green peas and carrots,  
chips / coleslaw

### Dessert

Mango coconut pudding

## Dinner



### Soup

Green peas and fetta

### Main

Lamb kebabs

### Served with

Peas and carrot, ginger, mashed potato

### Dessert

Duo chocolate custard pots

Hello

It is **Saturday, November 29.**  
Enjoy your texture modified meal.



## Lunch



### Main

Italian sausage

### Served with

Rice, mixed veg, Mashed potato, peas

### Dessert

Raspberry mousse

## Dinner



### Soup

Beef broth

### Main

Pork stir fry

### Served with

Cauliflower and potato mash, broccoli

### Dessert

Plum and pear pureed

Hello

It is **Sunday, November 30.**  
Enjoy your texture modified meal.



## Lunch



### Main

Pork

### Served with

Rice, Roast potato, roast pumpkin and beans

### Dessert

Chocolate mousse

## Dinner



### Soup

Chicken and macaroni

### Main

Aromatic beef curry

### Served with

Potato, green peas and corn

### Dessert

Blueberry and mascarpone slice

Hello

It is **Monday, December 01.**  
Enjoy your texture modified meal.



## Lunch



### Main

Beef

### Served with

Golden potatoes and salad, Bechemel potato, roasted tomato (no skin) and zucchini

### Dessert

Strawberry mango ice cream

## Dinner



### Soup

Green minestrone w/ pesto

### Main

Cheesy scrambled eggs

### Served with

Duo potato mash and peas

### Dessert

Custard



Hello

It is **Tuesday, December 02.**  
Enjoy your texture modified meal.



## Lunch



### Main

Chicken

### Served with

Chips and salad, Butter mash, beetroot and peas

### Dessert

Pureed fruits and whipped cream

## Dinner



### Soup

Potato and cheese

### Main

Cantonese beef

### Served with

Creamy polenta, broccoli and corn

### Dessert

Chocolate mousse

Hello

It is **Wednesday, December 03**.  
Enjoy your texture modified meal.



## Lunch



### Main

Lamb

### Served with

Garlic butter potato, beans and broccoli,  
Sesame rice

### Dessert

Banana cream

## Dinner



### Soup

Hungarian cream of mushroom

### Main

Thai pork

### Served with

Sweet potato, cauliflower

### Dessert

Peach pureed

Hello

It is **Thursday, December 04.**  
Enjoy your texture modified meal.



## Lunch



### Main

Sausages

---

### Served with

Creamy mashed potato, pumpkin and zucchini, Pickled vegetables

---

### Dessert

Fruit pureed

## Dinner



### Soup

Asian chicken noodle

---

### Main

Beef croquettes

---

### Served with

Carrot, potato and broccoli

---

### Dessert

Mixed berry mousse

Hello

It is **Friday, December 05.**  
Enjoy your texture modified meal.



## Lunch



### Main

Ginger soy salmon

### Served with

Chips and mixed vegetables, Lemon

### Dessert

Purred fruits and whipped cream

## Dinner



### Soup

Chicken and cauliflower

### Main

Creamy chicken pasta

### Served with

Cous Cous

### Dessert

Pear puree

Hello

It is **Saturday, December 06.**  
Enjoy your texture modified meal.



## Lunch



### Main

Lamb

---

### Served with

Lemon potato and beans, Rice

---

### Dessert

Chocolate mousse

## Dinner



### Soup

Carrot and lentil

---

### Main

Pork w/ katsu sauce

---

### Served with

Fragrant rice and Asian medley vegetables

---

### Dessert

Mango mousse

Hello

It is **Sunday, December 07.**  
Enjoy your texture modified meal.



## Lunch



### Main

Pork

### Served with

Potato, honey carrots and broccoli, Sesame cucumber and spice rice

### Dessert

Lemon and blackberry frozen yoghurt slice

## Dinner



### Soup

Pumpkin

### Main

Fish

### Served with

Sweet potato mash and crushed peas

### Dessert

Apple pureed

Hello

It is **Monday, December 08.**  
Enjoy your texture modified meal.



## Lunch



### Main

Fish

### Served with

Cabbage, potato and zucchini, Crunch salad / sesame dressing

### Dessert

Chocolate magic cake

## Dinner



### Soup

White bean and sausage

### Main

Chicken

### Served with

Wombok, carrot green bean

### Dessert

Pina colada lush slice

Hello

It is **Tuesday, December 09.**  
Enjoy your texture modified meal.



## Lunch



### Main

Pork

### Served with

Coconut rice,

### Dessert

Berry lemon trifle

## Dinner



### Soup

Broccoli and kale

### Main

Fish

### Served with

Lemon fragrant rice

### Dessert

Baked chocolate cheesecake



Hello

It is **Wednesday, December 10.**  
Enjoy your texture modified meal.



## Lunch



### Main

Turkey

### Served with

Herb butter chat potato, corn and peas,  
Rice

### Dessert

Fruit puree

## Dinner



### Soup

Korma cauliflower

### Main

Beef

### Served with

Mashed potato, broccoli and carrots

### Dessert

Chocolate panna cotta

Hello

It is **Thursday, December 11.**  
Enjoy your texture modified meal.



## Lunch



### Main

Chicken

---

### Served with

Garlic butter-infused rice, Potato and cauliflower Green peas

---

### Dessert

Carrot cake

## Dinner



### Soup

Rich creamy tomato and basil

---

### Main

Lamb

---

### Served with

Beetroot, potato and pumpkin

---

### Dessert

Strawberry cheesecake

Hello

It is **Friday, December 12.**  
Enjoy your texture modified meal.



## Lunch



### Main

Fish

### Served with

Rice, Roasted smashed potato and mixed greens

### Dessert

Chocolate cake

## Dinner



### Soup

Sweet potato and lentil

### Main

Pork

### Served with

Mashed potato, sweet potato and peas

### Dessert

Honey and coconut panna cotta

Hello

It is **Saturday, December 13.**  
Enjoy your texture modified meal.



## Lunch



### Main

Chicken

### Served with

Rice, Mashed potato, broccoli Carrots

### Dessert

Ginger honey cake

## Dinner



### Soup

Chicken laksa

### Main

Chicken

### Served with

Zucchini, corn and potato

### Dessert

Vanilla mousse / blueberry sauce

Hello

It is **Sunday, December 14.**  
Enjoy your texture modified meal.



## Lunch



### Main

Beef

### Served with

Rice, Peas, pumpkin, roast potato

### Dessert

Vanilla mango and raspberry slice

## Dinner



### Soup

Pea and ham

### Main

Chicken

### Served with

Peas, zucchini and corn

### Dessert

Mixed berry mousse

Hello

It is **Monday, December 15.**  
Enjoy your texture modified meal.



## Lunch



### Main

Chicken

### Served with

Potato gratin, peas and corn,

### Dessert

Sponge cake

## Dinner



### Soup

Broccoli

### Main

Salmon

### Served with

Cream mash, bean, carrots

### Dessert

Apple pureed

Hello

It is **Tuesday, December 16.**  
Enjoy your texture modified meal.



## Lunch



### Main

Chicken

### Served with

Rice, Mixed vegetables

### Dessert

Fruit puree and cream

## Dinner



### Soup

Split pea and mushroom

### Main

Pork

### Served with

Mash potato, peas and Bean

### Dessert

Caramel mousse

Hello

It is **Wednesday, December 17.**  
Enjoy your texture modified meal.



## Lunch



### Main

Pork

### Served with

Rice, Zucchini, carrot

### Dessert

Strawberry mousse

## Dinner



### Soup

Minestrone

### Main

Chicken

### Served with

Hokkien noodles

### Dessert

custard



Hello

It is **Thursday, December 18.**  
Enjoy your texture modified meal.



## Lunch



### Main

Beef

---

### Served with

Rice, Broccoli, pumpkin

---

### Dessert

Upside-down pineapple cake

## Dinner



### Soup

Beef vegetable

---

### Main

Pork

---

### Served with

Rice, corn, wombok

---

### Dessert

Fruit puree

Hello

It is **Friday, December 19.**  
Enjoy your texture modified meal.



## Lunch



### Main

Fish

---

### Served with

Rice, Potato, peas and pumpkin

---

### Dessert

Vanilla pannacotta

## Dinner



### Soup

French onion

---

### Main

Lamb

---

### Served with

Roast vegetable mix

---

### Dessert

Chocolate pudding

Hello

It is **Saturday, December 20.**  
Enjoy your texture modified meal.



## Lunch



### Main

Chicken

### Served with

Rice, Chilli mango pieces

### Dessert

Tiramisu

## Dinner



### Soup

Pumpkin

### Main

Chicken

### Served with

Mashed potato, peas, pumpkin

### Dessert

Fruit puree

Hello

It is **Sunday, December 21.**  
Enjoy your texture modified meal.



## Lunch



### Main

Beef

### Served with

Rice, Roast potato and veg medley

### Dessert

Summer pudding

## Dinner



### Soup

Cream of vegetable

### Main

Pork

### Served with

Vermicelli noodles

### Dessert

Chocolate ripple cake

Hello

It is **Monday, December 22.**  
Enjoy your texture modified meal.



## Lunch



### Main

Chicken Florentine

### Served with

Mashed potato, Sesame greens

### Dessert

Apple puree / custard

## Dinner



### Soup

Potato and leek

### Main

Lemongrass lamb

### Served with

Cream mashed potato, Broccoli and carrots

### Dessert

Treacle

Hello

It is **Tuesday, December 23.**  
Enjoy your texture modified meal.



## Lunch



### Main

Poached chicken with soy and sesame

---

### Served with

Carrot, rice, Carrot, beans

---

### Dessert

Citrus mousse

## Dinner



### Soup

Chicken noodle

---

### Main

Chicken tortellini

---

### Served with

Brussel sprouts, pumpkin and mashed potato

---

### Dessert

Peaches and cream

Hello

It is **Wednesday, December 24.**  
Enjoy your texture modified meal.



## Lunch



### Main

Roasted beef /herb bernaïse

### Served with

Sesame rice vinegar Cucumber, Mashed  
duo of potato and buttered peas

### Dessert

Fruit pureed

## Dinner



### Soup

Coconut pumpkin

### Main

Carmelised pepper pork

### Served with

Green beans, carrot and mashed Potato

### Dessert

Mango mousse

Hello

It is **Thursday, December 25.**  
Enjoy your texture modified meal.



## Lunch



### Main

Pickled pork/ mustard sauce

---

### Served with

Braised cabbage and rice, Braised cabbage and rice

---

### Dessert

Nutmeg custard

## Dinner



### Soup

Ham and bean

---

### Main

Honey soy chicken

---

### Served with

Asian green, mashed potato

---

### Dessert

Chocolate mousse



Hello

It is **Friday, December 26.**  
Enjoy your texture modified meal.



## Lunch



### Main

Lemon and ginger steamed fish

### Served with

Buttered mash, green peas and carrots,  
chips / coleslaw

### Dessert

Mango coconut pudding

## Dinner



### Soup

Green peas and fetta

### Main

Lamb kebabs

### Served with

Peas and carrot, ginger, mashed potato

### Dessert

Duo chocolate custard pots

Hello

It is **Saturday, December 27.**  
Enjoy your texture modified meal.



## Lunch



### Main

Italian sausage

### Served with

Rice, mixed veg, Mashed potato, peas

### Dessert

Raspberry mousse

## Dinner



### Soup

Beef broth

### Main

Pork stir fry

### Served with

Cauliflower and potato mash, broccoli

### Dessert

Plum and pear pureed

Hello

It is **Sunday, December 28.**  
Enjoy your texture modified meal.



## Lunch



### Main

Pork

### Served with

Rice, Roast potato, roast pumpkin and beans

### Dessert

Chocolate mousse

## Dinner



### Soup

Chicken and macaroni

### Main

Aromatic beef curry

### Served with

Potato, green peas and corn

### Dessert

Blueberry and mascarpone slice

Hello

It is **Monday, December 29.**  
Enjoy your texture modified meal.



## Lunch



### Main

Beef

### Served with

Golden potatoes and salad, Bechemel potato, roasted tomato (no skin) and zucchini

### Dessert

Strawberry mango ice cream

## Dinner



### Soup

Green minestrone w/ pesto

### Main

Cheesy scrambled eggs

### Served with

Duo potato mash and peas

### Dessert

Custard

Hello

It is **Tuesday, December 30.**  
Enjoy your texture modified meal.



## Lunch



### Main

Chicken

### Served with

Chips and salad, Butter mash, beetroot and peas

### Dessert

Pureed fruits and whipped cream

## Dinner



### Soup

Potato and cheese

### Main

Cantonese beef

### Served with

Creamy polenta, broccoli and corn

### Dessert

Chocolate mousse

Hello

It is **Wednesday, December 31.**  
Enjoy your texture modified meal.



## Lunch



### Main

Lamb

### Served with

Garlic butter potato, beans and broccoli,  
Sesame rice

### Dessert

Banana cream

## Dinner



### Soup

Hungarian cream of mushroom

### Main

Thai pork

### Served with

Sweet potato, cauliflower

### Dessert

Peach pureed

Hello

It is **Thursday, January 01.**  
Enjoy your texture modified meal.



## Lunch



### Main

Sausages

---

### Served with

Creamy mashed potato, pumpkin and zucchini, Pickled vegetables

---

### Dessert

Fruit pureed

## Dinner



### Soup

Asian chicken noodle

---

### Main

Beef croquettes

---

### Served with

Carrot, potato and broccoli

---

### Dessert

Mixed berry mousse

Hello

It is **Friday, January 02.**  
Enjoy your texture modified meal.



## Lunch



### Main

Ginger soy salmon

### Served with

Chips and mixed vegetables, Lemon

### Dessert

Purred fruits and whipped cream

## Dinner



### Soup

Chicken and cauliflower

### Main

Creamy chicken pasta

### Served with

Cous Cous

### Dessert

Pear puree



Hello

It is **Saturday, January 03.**  
Enjoy your texture modified meal.



## Lunch



### Main

Lamb

---

### Served with

Lemon potato and beans, Rice

---

### Dessert

Chocolate mousse

## Dinner



### Soup

Carrot and lentil

---

### Main

Pork w/ katsu sauce

---

### Served with

Fragrant rice and Asian medley vegetables

---

### Dessert

Mango mousse

Hello

It is **Sunday, January 04.**  
Enjoy your texture modified meal.



## Lunch



### Main

Pork

### Served with

Potato, honey carrots and broccoli, Sesame cucumber and spice rice

### Dessert

Lemon and blackberry frozen yoghurt slice

## Dinner



### Soup

Pumpkin

### Main

Fish

### Served with

Sweet potato mash and crushed peas

### Dessert

Apple pureed

Hello

It is **Monday, January 05.**  
Enjoy your texture modified meal.



## Lunch



### Main

Fish

### Served with

Cabbage, potato and zucchini, Crunch salad / sesame dressing

### Dessert

Chocolate magic cake

## Dinner



### Soup

White bean and sausage

### Main

Chicken

### Served with

Wombok, carrot green bean

### Dessert

Pina colada lush slice

Hello

It is **Tuesday, January 06.**  
Enjoy your texture modified meal.



## Lunch



### Main

Pork

### Served with

Coconut rice,

### Dessert

Berry lemon trifle

## Dinner



### Soup

Broccoli and kale

### Main

Fish

### Served with

Lemon fragrant rice

### Dessert

Baked chocolate cheesecake

Hello

It is **Wednesday, January 07.**  
Enjoy your texture modified meal.



## Lunch



### Main

Turkey

### Served with

Herb butter chat potato, corn and peas,  
Rice

### Dessert

Fruit puree

## Dinner



### Soup

Korma cauliflower

### Main

Beef

### Served with

Mashed potato, broccoli and carrots

### Dessert

Chocolate panna cotta

Hello

It is **Thursday, January 08.**  
Enjoy your texture modified meal.



## Lunch



### Main

Chicken

---

### Served with

Garlic butter-infused rice, Potato and cauliflower Green peas

---

### Dessert

Carrot cake

## Dinner



### Soup

Rich creamy tomato and basil

---

### Main

Lamb

---

### Served with

Beetroot, potato and pumpkin

---

### Dessert

Strawberry cheesecake

Hello

It is **Friday, January 09.**  
Enjoy your texture modified meal.



## Lunch



### Main

Fish

### Served with

Rice, Roasted smashed potato and mixed greens

### Dessert

Chocolate cake

## Dinner



### Soup

Sweet potato and lentil

### Main

Pork

### Served with

Mashed potato, sweet potato and peas

### Dessert

Honey and coconut panna cotta

Hello

It is **Saturday, January 10.**  
Enjoy your texture modified meal.



## Lunch



### Main

Chicken

### Served with

Rice, Mashed potato, broccoli Carrots

### Dessert

Ginger honey cake

## Dinner



### Soup

Chicken laksa

### Main

Chicken

### Served with

Zucchini, corn and potato

### Dessert

Vanilla mousse / blueberry sauce



Hello

It is **Sunday, January 11.**  
Enjoy your texture modified meal.



## Lunch



### Main

Beef

### Served with

Rice, Peas, pumpkin, roast potato

### Dessert

Vanilla mango and raspberry slice

## Dinner



### Soup

Pea and ham

### Main

Chicken

### Served with

Peas, zucchini and corn

### Dessert

Mixed berry mousse

Hello

It is **Monday, January 12.**  
Enjoy your texture modified meal.



## Lunch



### Main

Chicken

### Served with

Potato gratin, peas and corn,

### Dessert

Sponge cake

## Dinner



### Soup

Broccoli

### Main

Salmon

### Served with

Cream mash, bean, carrots

### Dessert

Apple pureed

Hello

It is **Tuesday, January 13.**  
Enjoy your texture modified meal.



## Lunch



### Main

Chicken

### Served with

Rice, Mixed vegetables

### Dessert

Fruit puree and cream

## Dinner



### Soup

Split pea and mushroom

### Main

Pork

### Served with

Mash potato, peas and Bean

### Dessert

Caramel mousse

Hello

It is **Wednesday, January 14.**  
Enjoy your texture modified meal.



## Lunch



### Main

Pork

### Served with

Rice, Zucchini, carrot

### Dessert

Strawberry mousse

## Dinner



### Soup

Minestrone

### Main

Chicken

### Served with

Hokkien noodles

### Dessert

custard

Hello

It is **Thursday, January 15.**  
Enjoy your texture modified meal.



## Lunch



### Main

Beef

---

### Served with

Rice, Broccoli, pumpkin

---

### Dessert

Upside-down pineapple cake

## Dinner



### Soup

Beef vegetable

---

### Main

Pork

---

### Served with

Rice, corn, wombok

---

### Dessert

Fruit puree

Hello

It is **Friday, January 16.**  
Enjoy your texture modified meal.



## Lunch



### Main

Fish

---

### Served with

Rice, Potato, peas and pumpkin

---

### Dessert

Vanilla pannacotta

## Dinner



### Soup

French onion

---

### Main

Lamb

---

### Served with

Roast vegetable mix

---

### Dessert

Chocolate pudding

Hello

It is **Saturday, January 17.**  
Enjoy your texture modified meal.



## Lunch



### Main

Chicken

### Served with

Rice, Chilli mango pieces

### Dessert

Tiramisu

## Dinner



### Soup

Pumpkin

### Main

Chicken

### Served with

Mashed potato, peas, pumpkin

### Dessert

Fruit puree

Hello

It is **Sunday, January 18.**  
Enjoy your texture modified meal.



## Lunch



### Main

Beef

### Served with

Rice, Roast potato and veg medley

### Dessert

Summer pudding

## Dinner



### Soup

Cream of vegetable

### Main

Pork

### Served with

Vermicelli noodles

### Dessert

Chocolate ripple cake



Hello

It is **Monday, January 19.**  
Enjoy your texture modified meal.



## Lunch



### Main

Chicken Florentine

### Served with

Mashed potato, Sesame greens

### Dessert

Apple puree / custard

## Dinner



### Soup

Potato and leek

### Main

Lemongrass lamb

### Served with

Cream mashed potato, Broccoli and carrots

### Dessert

Treacle

Hello

It is **Tuesday, January 20.**  
Enjoy your texture modified meal.



## Lunch



### Main

Poached chicken with soy and sesame

---

### Served with

Carrot, rice, Carrot, beans

---

### Dessert

Citrus mousse

## Dinner



### Soup

Chicken noodle

---

### Main

Chicken tortellini

---

### Served with

Brussel sprouts, pumpkin and mashed potato

---

### Dessert

Peaches and cream

Hello

It is **Wednesday, January 21.**  
Enjoy your texture modified meal.



## Lunch



### Main

Roasted beef /herb bernaïse

### Served with

Sesame rice vinegar Cucumber, Mashed  
duo of potato and buttered peas

### Dessert

Fruit pureed

## Dinner



### Soup

Coconut pumpkin

### Main

Carmelised pepper pork

### Served with

Green beans, carrot and mashed Potato

### Dessert

Mango mousse

Hello

It is **Thursday, January 22.**  
Enjoy your texture modified meal.



## Lunch



### Main

Pickled pork/ mustard sauce

---

### Served with

Braised cabbage and rice, Braised cabbage and rice

---

### Dessert

Nutmeg custard

## Dinner



### Soup

Ham and bean

---

### Main

Honey soy chicken

---

### Served with

Asian green, mashed potato

---

### Dessert

Chocolate mousse

Hello

It is **Friday, January 23.**  
Enjoy your texture modified meal.



## Lunch



### Main

Lemon and ginger steamed fish

### Served with

Buttered mash, green peas and carrots,  
chips / coleslaw

### Dessert

Mango coconut pudding

## Dinner



### Soup

Green peas and fetta

### Main

Lamb kebabs

### Served with

Peas and carrot, ginger, mashed potato

### Dessert

Duo chocolate custard pots

Hello

It is **Saturday, January 24.**  
Enjoy your texture modified meal.



## Lunch



### Main

Italian sausage

### Served with

Rice, mixed veg, Mashed potato, peas

### Dessert

Raspberry mousse

## Dinner



### Soup

Beef broth

### Main

Pork stir fry

### Served with

Cauliflower and potato mash, broccoli

### Dessert

Plum and pear pureed

Hello

It is **Sunday, January 25.**  
Enjoy your texture modified meal.



## Lunch



### Main

Pork

### Served with

Rice, Roast potato, roast pumpkin and beans

### Dessert

Chocolate mousse

## Dinner



### Soup

Chicken and macaroni

### Main

Aromatic beef curry

### Served with

Potato, green peas and corn

### Dessert

Blueberry and mascarpone slice

Hello

It is **Monday, January 26.**  
Enjoy your texture modified meal.



## Lunch



### Main

Beef

### Served with

Golden potatoes and salad, Bechemel potato, roasted tomato (no skin) and zucchini

### Dessert

Strawberry mango ice cream

## Dinner



### Soup

Green minestrone w/ pesto

### Main

Cheesy scrambled eggs

### Served with

Duo potato mash and peas

### Dessert

Custard



Hello

It is **Tuesday, January 27.**  
Enjoy your texture modified meal.



## Lunch



### Main

Chicken

### Served with

Chips and salad, Butter mash, beetroot and peas

### Dessert

Pureed fruits and whipped cream

## Dinner



### Soup

Potato and cheese

### Main

Cantonese beef

### Served with

Creamy polenta, broccoli and corn

### Dessert

Chocolate mousse

Hello

It is **Wednesday, January 28.**  
Enjoy your texture modified meal.



## Lunch



### Main

Lamb

### Served with

Garlic butter potato, beans and broccoli,  
Sesame rice

### Dessert

Banana cream

## Dinner



### Soup

Hungarian cream of mushroom

### Main

Thai pork

### Served with

Sweet potato, cauliflower

### Dessert

Peach pureed

Hello

It is **Thursday, January 29.**  
Enjoy your texture modified meal.



## Lunch



### Main

Sausages

### Served with

Creamy mashed potato, pumpkin and zucchini, Pickled vegetables

### Dessert

Fruit pureed

## Dinner



### Soup

Asian chicken noodle

### Main

Beef croquettes

### Served with

Carrot, potato and broccoli

### Dessert

Mixed berry mousse

Hello

It is **Friday, January 30.**  
Enjoy your texture modified meal.



## Lunch



### Main

Ginger soy salmon

### Served with

Chips and mixed vegetables, Lemon

### Dessert

Purred fruits and whipped cream

## Dinner



### Soup

Chicken and cauliflower

### Main

Creamy chicken pasta

### Served with

Cous Cous

### Dessert

Pear puree

Hello

It is **Saturday, January 31.**  
Enjoy your texture modified meal.



## Lunch



### Main

Lamb

---

### Served with

Lemon potato and beans, Rice

---

### Dessert

Chocolate mousse

## Dinner



### Soup

Carrot and lentil

---

### Main

Pork w/ katsu sauce

---

### Served with

Fragrant rice and Asian medley vegetables

---

### Dessert

Mango mousse

Hello

It is **Sunday, February 01.**  
Enjoy your texture modified meal.



## Lunch



### Main

Pork

### Served with

Potato, honey carrots and broccoli, Sesame cucumber and spice rice

### Dessert

Lemon and blackberry frozen yoghurt slice

## Dinner



### Soup

Pumpkin

### Main

Fish

### Served with

Sweet potato mash and crushed peas

### Dessert

Apple pureed

Hello

It is **Monday, February 02.**  
Enjoy your texture modified meal.



## Lunch



### Main

Fish

### Served with

Cabbage, potato and zucchini, Crunch salad / sesame dressing

### Dessert

Chocolate magic cake

## Dinner



### Soup

White bean and sausage

### Main

Chicken

### Served with

Wombok, carrot green bean

### Dessert

Pina colada lush slice

Hello

It is **Tuesday, February 03.**  
Enjoy your texture modified meal.



## Lunch



### Main

Pork

### Served with

Coconut rice,

### Dessert

Berry lemon trifle

## Dinner



### Soup

Broccoli and kale

### Main

Fish

### Served with

Lemon fragrant rice

### Dessert

Baked chocolate cheesecake



Hello

It is **Wednesday, February 04.**  
Enjoy your texture modified meal.



## Lunch



### Main

Turkey

### Served with

Herb butter chat potato, corn and peas,  
Rice

### Dessert

Fruit puree

## Dinner



### Soup

Korma cauliflower

### Main

Beef

### Served with

Mashed potato, broccoli and carrots

### Dessert

Chocolate panna cotta

Hello

It is **Thursday, February 05.**  
Enjoy your texture modified meal.



## Lunch



### Main

Chicken

---

### Served with

Garlic butter-infused rice, Potato and cauliflower Green peas

---

### Dessert

Carrot cake

## Dinner



### Soup

Rich creamy tomato and basil

---

### Main

Lamb

---

### Served with

Beetroot, potato and pumpkin

---

### Dessert

Strawberry cheesecake

Hello

It is **Friday, February 06.**  
Enjoy your texture modified meal.



## Lunch



### Main

Fish

### Served with

Rice, Roasted smashed potato and mixed greens

### Dessert

Chocolate cake

## Dinner



### Soup

Sweet potato and lentil

### Main

Pork

### Served with

Mashed potato, sweet potato and peas

### Dessert

Honey and coconut panna cotta

Hello

It is **Saturday, February 07.**  
Enjoy your texture modified meal.



## Lunch



### Main

Chicken

### Served with

Rice, Mashed potato, broccoli Carrots

### Dessert

Ginger honey cake

## Dinner



### Soup

Chicken laksa

### Main

Chicken

### Served with

Zucchini, corn and potato

### Dessert

Vanilla mousse / blueberry sauce

Hello

It is **Sunday, February 08.**  
Enjoy your texture modified meal.



## Lunch



### Main

Beef

---

### Served with

Rice, Peas, pumpkin, roast potato

---

### Dessert

Vanilla mango and raspberry slice

## Dinner



### Soup

Pea and ham

---

### Main

Chicken

---

### Served with

Peas, zucchini and corn

---

### Dessert

Mixed berry mousse

Hello

It is **Monday, February 09.**  
Enjoy your texture modified meal.



## Lunch



### Main

Chicken

### Served with

Potato gratin, peas and corn,

### Dessert

Sponge cake

## Dinner



### Soup

Broccoli

### Main

Salmon

### Served with

Cream mash, bean, carrots

### Dessert

Apple pureed

Hello

It is **Tuesday, February 10.**  
Enjoy your texture modified meal.



## Lunch



### Main

Chicken

### Served with

Rice, Mixed vegetables

### Dessert

Fruit puree and cream

## Dinner



### Soup

Split pea and mushroom

### Main

Pork

### Served with

Mash potato, peas and Bean

### Dessert

Caramel mousse

Hello

It is **Wednesday, February 11.**  
Enjoy your texture modified meal.



## Lunch



### Main

Pork

### Served with

Rice, Zucchini, carrot

### Dessert

Strawberry mousse

## Dinner



### Soup

Minestrone

### Main

Chicken

### Served with

Hokkien noodles

### Dessert

custard



Hello

It is **Thursday, February 12.**  
Enjoy your texture modified meal.



## Lunch



### Main

Beef

---

### Served with

Rice, Broccoli, pumpkin

---

### Dessert

Upside-down pineapple cake

## Dinner



### Soup

Beef vegetable

---

### Main

Pork

---

### Served with

Rice, corn, wombok

---

### Dessert

Fruit puree

Hello

It is **Friday, February 13.**  
Enjoy your texture modified meal.



## Lunch



### Main

Fish

---

### Served with

Rice, Potato, peas and pumpkin

---

### Dessert

Vanilla pannacotta

## Dinner



### Soup

French onion

---

### Main

Lamb

---

### Served with

Roast vegetable mix

---

### Dessert

Chocolate pudding

Hello

It is **Saturday, February 14.**  
Enjoy your texture modified meal.



## Lunch



### Main

Chicken

### Served with

Rice, Chilli mango pieces

### Dessert

Tirramisu

## Dinner



### Soup

Pumpkin

### Main

Chicken

### Served with

Mashed potato, peas, pumpkin

### Dessert

Fruit puree

Hello

It is **Sunday, February 15.**  
Enjoy your texture modified meal.



## Lunch



### Main

Beef

### Served with

Rice, Roast potato and veg medley

### Dessert

Summer pudding

## Dinner



### Soup

Cream of vegetable

### Main

Pork

### Served with

Vermicelli noodles

### Dessert

Chocolate ripple cake

Hello

It is **Monday, February 16.**  
Enjoy your texture modified meal.



## Lunch



### Main

Chicken Florentine

### Served with

Mashed potato, Sesame greens

### Dessert

Apple puree / custard

## Dinner



### Soup

Potato and leek

### Main

Lemongrass lamb

### Served with

Cream mashed potato, Broccoli and carrots

### Dessert

Treacle

Hello

It is **Tuesday, February 17.**  
Enjoy your texture modified meal.



## Lunch



### Main

Poached chicken with soy and sesame

---

### Served with

Carrot, rice, Carrot, beans

---

### Dessert

Citrus mousse

## Dinner



### Soup

Chicken noodle

---

### Main

Chicken tortellini

---

### Served with

Brussel sprouts, pumpkin and mashed potato

---

### Dessert

Peaches and cream

Hello

It is **Wednesday, February 18.**  
Enjoy your texture modified meal.



## Lunch



### Main

Roasted beef /herb bernaïse

### Served with

Sesame rice vinegar Cucumber, Mashed  
duo of potato and buttered peas

### Dessert

Fruit pureed

## Dinner



### Soup

Coconut pumpkin

### Main

Carmelised pepper pork

### Served with

Green beans, carrot and mashed Potato

### Dessert

Mango mousse

Hello

It is **Thursday, February 19.**  
Enjoy your texture modified meal.



## Lunch



### Main

Pickled pork/ mustard sauce

---

### Served with

Braised cabbage and rice, Braised cabbage and rice

---

### Dessert

Nutmeg custard

## Dinner



### Soup

Ham and bean

---

### Main

Honey soy chicken

---

### Served with

Asian green, mashed potato

---

### Dessert

Chocolate mousse



Hello

It is **Friday, February 20.**  
Enjoy your texture modified meal.



## Lunch



### Main

Lemon and ginger steamed fish

### Served with

Buttered mash, green peas and carrots,  
chips / coleslaw

### Dessert

Mango coconut pudding

## Dinner



### Soup

Green peas and fetta

### Main

Lamb kebabs

### Served with

Peas and carrot, ginger, mashed potato

### Dessert

Duo chocolate custard pots

Hello

It is **Saturday, February 21.**  
Enjoy your texture modified meal.



## Lunch



### Main

Italian sausage

### Served with

Rice, mixed veg, Mashed potato, peas

### Dessert

Raspberry mousse

## Dinner



### Soup

Beef broth

### Main

Pork stir fry

### Served with

Cauliflower and potato mash, broccoli

### Dessert

Plum and pear pureed

Hello

It is **Sunday, February 22.**  
Enjoy your texture modified meal.



## Lunch



### Main

Pork

### Served with

Rice, Roast potato, roast pumpkin and beans

### Dessert

Chocolate mousse

## Dinner



### Soup

Chicken and macaroni

### Main

Aromatic beef curry

### Served with

Potato, green peas and corn

### Dessert

Blueberry and mascarpone slice

Hello

It is **Monday, February 23.**  
Enjoy your texture modified meal.



## Lunch



### Main

Beef

### Served with

Golden potatoes and salad, Bechemel potato, roasted tomato (no skin) and zucchini

### Dessert

Strawberry mango ice cream

## Dinner



### Soup

Green minestrone w/ pesto

### Main

Cheesy scrambled eggs

### Served with

Duo potato mash and peas

### Dessert

Custard

Hello

It is **Tuesday, February 24.**  
Enjoy your texture modified meal.



## Lunch



### Main

Chicken

### Served with

Chips and salad, Butter mash, beetroot and peas

### Dessert

Pureed fruits and whipped cream

## Dinner



### Soup

Potato and cheese

### Main

Cantonese beef

### Served with

Creamy polenta, broccoli and corn

### Dessert

Chocolate mousse

Hello

It is **Wednesday, February 25.**  
Enjoy your texture modified meal.



## Lunch



### Main

Lamb

### Served with

Garlic butter potato, beans and broccoli,  
Sesame rice

### Dessert

Banana cream

## Dinner



### Soup

Hungarian cream of mushroom

### Main

Thai pork

### Served with

Sweet potato, cauliflower

### Dessert

Peach pureed

Hello

It is **Thursday, February 26.**  
Enjoy your texture modified meal.



## Lunch



### Main

Sausages

---

### Served with

Creamy mashed potato, pumpkin and zucchini, Pickled vegetables

---

### Dessert

Fruit pureed

## Dinner



### Soup

Asian chicken noodle

---

### Main

Beef croquettes

---

### Served with

Carrot, potato and broccoli

---

### Dessert

Mixed berry mousse

Hello

It is **Friday, February 27.**  
Enjoy your texture modified meal.



## Lunch



### Main

Ginger soy salmon

### Served with

Chips and mixed vegetables, Lemon

### Dessert

Purred fruits and whipped cream

## Dinner



### Soup

Chicken and cauliflower

### Main

Creamy chicken pasta

### Served with

Cous Cous

### Dessert

Pear puree



Hello

It is **Saturday, February 28.**  
Enjoy your texture modified meal.



## Lunch



### Main

Lamb

### Served with

Lemon potato and beans, Rice

### Dessert

Chocolate mousse

## Dinner



### Soup

Carrot and lentil

### Main

Pork w/ katsu sauce

### Served with

Fragrant rice and Asian medley vegetables

### Dessert

Mango mousse

Hello

It is **Sunday, March 01.**  
Enjoy your texture modified meal.



## Lunch



### Main

Pork

### Served with

Potato, honey carrots and broccoli, Sesame cucumber and spice rice

### Dessert

Lemon and blackberry frozen yoghurt slice

## Dinner



### Soup

Pumpkin

### Main

Fish

### Served with

Sweet potato mash and crushed peas

### Dessert

Apple pureed

Hello

It is **Monday, March 02.**  
Enjoy your texture modified meal.



## Lunch



### Main

Fish

### Served with

Cabbage, potato and zucchini, Crunch salad / sesame dressing

### Dessert

Chocolate magic cake

## Dinner



### Soup

White bean and sausage

### Main

Chicken

### Served with

Wombok, carrot green bean

### Dessert

Pina colada lush slice

Hello

It is **Tuesday, March 03.**  
Enjoy your texture modified meal.



## Lunch



### Main

Pork

### Served with

Coconut rice,

### Dessert

Berry lemon trifle

## Dinner



### Soup

Broccoli and kale

### Main

Fish

### Served with

Lemon fragrant rice

### Dessert

Baked chocolate cheesecake

Hello

It is **Wednesday, March 04.**  
Enjoy your texture modified meal.



## Lunch



### Main

Turkey

### Served with

Herb butter chat potato, corn and peas,  
Rice

### Dessert

Fruit puree

## Dinner



### Soup

Korma cauliflower

### Main

Beef

### Served with

Mashed potato, broccoli and carrots

### Dessert

Chocolate panna cotta

Hello

It is **Thursday, March 05.**  
Enjoy your texture modified meal.



## Lunch



### Main

Chicken

---

### Served with

Garlic butter-infused rice, Potato and cauliflower Green peas

---

### Dessert

Carrot cake

## Dinner



### Soup

Rich creamy tomato and basil

---

### Main

Lamb

---

### Served with

Beetroot, potato and pumpkin

---

### Dessert

Strawberry cheesecake

Hello

It is **Friday, March 06.**  
Enjoy your texture modified meal.



## Lunch



### Main

Fish

### Served with

Rice, Roasted smashed potato and mixed greens

### Dessert

Chocolate cake

## Dinner



### Soup

Sweet potato and lentil

### Main

Pork

### Served with

Mashed potato, sweet potato and peas

### Dessert

Honey and coconut panna cotta

Hello

It is **Saturday, March 07.**  
Enjoy your texture modified meal.



## Lunch



### Main

Chicken

### Served with

Rice, Mashed potato, broccoli Carrots

### Dessert

Ginger honey cake

## Dinner



### Soup

Chicken laksa

### Main

Chicken

### Served with

Zucchini, corn and potato

### Dessert

Vanilla mousse / blueberry sauce



Hello

It is **Sunday, March 08.**  
Enjoy your texture modified meal.



## Lunch



### Main

Beef

### Served with

Rice, Peas, pumpkin, roast potato

### Dessert

Vanilla mango and raspberry slice

## Dinner



### Soup

Pea and ham

### Main

Chicken

### Served with

Peas, zucchini and corn

### Dessert

Mixed berry mousse

Hello

It is **Monday, March 09.**  
Enjoy your texture modified meal.



## Lunch



### Main

Chicken

### Served with

Potato gratin, peas and corn,

### Dessert

Sponge cake

## Dinner



### Soup

Broccoli

### Main

Salmon

### Served with

Cream mash, bean, carrots

### Dessert

Apple pureed

Hello

It is **Tuesday, March 10.**  
Enjoy your texture modified meal.



## Lunch



### Main

Chicken

### Served with

Rice, Mixed vegetables

### Dessert

Fruit puree and cream

## Dinner



### Soup

Split pea and mushroom

### Main

Pork

### Served with

Mash potato, peas and Bean

### Dessert

Caramel mousse

Hello

It is **Wednesday, March 11.**  
Enjoy your texture modified meal.



## Lunch



### Main

Pork

### Served with

Rice, Zucchini, carrot

### Dessert

Strawberry mousse

## Dinner



### Soup

Minestrone

### Main

Chicken

### Served with

Hokkien noodles

### Dessert

custard

Hello

It is **Thursday, March 12.**  
Enjoy your texture modified meal.



## Lunch



### Main

Beef

---

### Served with

Rice, Broccoli, pumpkin

---

### Dessert

Upside-down pineapple cake

## Dinner



### Soup

Beef vegetable

---

### Main

Pork

---

### Served with

Rice, corn, wombok

---

### Dessert

Fruit puree

Hello

It is **Friday, March 13.**  
Enjoy your texture modified meal.



## Lunch



### Main

Fish

---

### Served with

Rice, Potato, peas and pumpkin

---

### Dessert

Vanilla pannacotta

## Dinner



### Soup

French onion

---

### Main

Lamb

---

### Served with

Roast vegetable mix

---

### Dessert

Chocolate pudding

Hello

It is **Saturday, March 14.**  
Enjoy your texture modified meal.



## Lunch



### Main

Chicken

### Served with

Rice, Chilli mango pieces

### Dessert

Tirramisu

## Dinner



### Soup

Pumpkin

### Main

Chicken

### Served with

Mashed potato, peas, pumpkin

### Dessert

Fruit puree

Hello

It is **Sunday, March 15.**  
Enjoy your texture modified meal.



## Lunch



### Main

Beef

### Served with

Rice, Roast potato and veg medley

### Dessert

Summer pudding

## Dinner



### Soup

Cream of vegetable

### Main

Pork

### Served with

Vermicelli noodles

### Dessert

Chocolate ripple cake



Hello

It is **Monday, March 16.**  
Enjoy your texture modified meal.



## Lunch



### Main

Chicken Florentine

### Served with

Mashed potato, Sesame greens

### Dessert

Apple puree / custard

## Dinner



### Soup

Potato and leek

### Main

Lemongrass lamb

### Served with

Cream mashed potato, Broccoli and carrots

### Dessert

Treacle

Hello

It is **Tuesday, March 17.**  
Enjoy your texture modified meal.



## Lunch



### Main

Poached chicken with soy and sesame

---

### Served with

Carrot, rice, Carrot, beans

---

### Dessert

Citrus mousse

## Dinner



### Soup

Chicken noodle

---

### Main

Chicken tortellini

---

### Served with

Brussel sprouts, pumpkin and mashed potato

---

### Dessert

Peaches and cream

Hello

It is **Wednesday, March 18.**  
Enjoy your texture modified meal.



## Lunch



### Main

Roasted beef /herb bernaïse

### Served with

Sesame rice vinegar Cucumber, Mashed  
duo of potato and buttered peas

### Dessert

Fruit pureed

## Dinner



### Soup

Coconut pumpkin

### Main

Carmelised pepper pork

### Served with

Green beans, carrot and mashed Potato

### Dessert

Mango mousse

Hello

It is **Thursday, March 19.**  
Enjoy your texture modified meal.



## Lunch



### Main

Pickled pork/ mustard sauce

---

### Served with

Braised cabbage and rice, Braised cabbage and rice

---

### Dessert

Nutmeg custard

## Dinner



### Soup

Ham and bean

---

### Main

Honey soy chicken

---

### Served with

Asian green, mashed potato

---

### Dessert

Chocolate mousse

Hello

It is **Friday, March 20.**  
Enjoy your texture modified meal.



## Lunch



### Main

Lemon and ginger steamed fish

### Served with

Buttered mash, green peas and carrots,  
chips / coleslaw

### Dessert

Mango coconut pudding

## Dinner



### Soup

Green peas and fetta

### Main

Lamb kebabs

### Served with

Peas and carrot, ginger, mashed potato

### Dessert

Duo chocolate custard pots

Hello

It is **Saturday, March 21.**  
Enjoy your texture modified meal.



## Lunch



### Main

Italian sausage

### Served with

Rice, mixed veg, Mashed potato, peas

### Dessert

Raspberry mousse

## Dinner



### Soup

Beef broth

### Main

Pork stir fry

### Served with

Cauliflower and potato mash, broccoli

### Dessert

Plum and pear pureed

Hello

It is **Sunday, March 22.**  
Enjoy your texture modified meal.



## Lunch



### Main

Pork

### Served with

Rice, Roast potato, roast pumpkin and beans

### Dessert

Chocolate mousse

## Dinner



### Soup

Chicken and macaroni

### Main

Aromatic beef curry

### Served with

Potato, green peas and corn

### Dessert

Blueberry and mascarpone slice

Hello

It is **Monday, March 23.**  
Enjoy your texture modified meal.



## Lunch



### Main

Beef

### Served with

Golden potatoes and salad, Bechemel potato, roasted tomato (no skin) and zucchini

### Dessert

Strawberry mango ice cream

## Dinner



### Soup

Green minestrone w/ pesto

### Main

Cheesy scrambled eggs

### Served with

Duo potato mash and peas

### Dessert

Custard



Hello

It is **Tuesday, March 24.**  
Enjoy your texture modified meal.



## Lunch



### Main

Chicken

### Served with

Chips and salad, Butter mash, beetroot and peas

### Dessert

Pureed fruits and whipped cream

## Dinner



### Soup

Potato and cheese

### Main

Cantonese beef

### Served with

Creamy polenta, broccoli and corn

### Dessert

Chocolate mousse

Hello

It is **Wednesday, March 25.**  
Enjoy your texture modified meal.



## Lunch



### Main

Lamb

### Served with

Garlic butter potato, beans and broccoli,  
Sesame rice

### Dessert

Banana cream

## Dinner



### Soup

Hungarian cream of mushroom

### Main

Thai pork

### Served with

Sweet potato, cauliflower

### Dessert

Peach pureed

Hello

It is **Thursday, March 26.**  
Enjoy your texture modified meal.



## Lunch



### Main

Sausages

### Served with

Creamy mashed potato, pumpkin and zucchini, Pickled vegetables

### Dessert

Fruit pureed

## Dinner



### Soup

Asian chicken noodle

### Main

Beef croquettes

### Served with

Carrot, potato and broccoli

### Dessert

Mixed berry mousse

Hello

It is **Friday, March 27.**  
Enjoy your texture modified meal.



## Lunch



### Main

Ginger soy salmon

### Served with

Chips and mixed vegetables, Lemon

### Dessert

Purred fruits and whipped cream

## Dinner



### Soup

Chicken and cauliflower

### Main

Creamy chicken pasta

### Served with

Cous Cous

### Dessert

Pear puree

Hello

It is **Saturday, March 28.**  
Enjoy your texture modified meal.



## Lunch



### Main

Lamb

### Served with

Lemon potato and beans, Rice

### Dessert

Chocolate mousse

## Dinner



### Soup

Carrot and lentil

### Main

Pork w/ katsu sauce

### Served with

Fragrant rice and Asian medley vegetables

### Dessert

Mango mousse

Hello

It is **Sunday, March 29.**  
Enjoy your texture modified meal.



## Lunch



### Main

Pork

### Served with

Potato, honey carrots and broccoli, Sesame cucumber and spice rice

### Dessert

Lemon and blackberry frozen yoghurt slice

## Dinner



### Soup

Pumpkin

### Main

Fish

### Served with

Sweet potato mash and crushed peas

### Dessert

Apple pureed

Hello

It is **Monday, March 30.**  
Enjoy your texture modified meal.



## Lunch



### Main

Fish

### Served with

Cabbage, potato and zucchini, Crunch salad / sesame dressing

### Dessert

Chocolate magic cake

## Dinner



### Soup

White bean and sausage

### Main

Chicken

### Served with

Wombok, carrot green bean

### Dessert

Pina colada lush slice

Hello

It is **Tuesday, March 31.**  
Enjoy your texture modified meal.



## Lunch



### Main

Pork

### Served with

Coconut rice,

### Dessert

Berry lemon trifle

## Dinner



### Soup

Broccoli and kale

### Main

Fish

### Served with

Lemon fragrant rice

### Dessert

Baked chocolate cheesecake



Hello

It is **Wednesday, April 01.**  
Enjoy your texture modified meal.



## Lunch



### Main

Turkey

### Served with

Herb butter chat potato, corn and peas,  
Rice

### Dessert

Fruit puree

## Dinner



### Soup

Korma cauliflower

### Main

Beef

### Served with

Mashed potato, broccoli and carrots

### Dessert

Chocolate panna cotta

Hello

It is **Thursday, April 02.**  
Enjoy your texture modified meal.



## Lunch



### Main

Chicken

### Served with

Garlic butter-infused rice, Potato and cauliflower Green peas

### Dessert

Carrot cake

## Dinner



### Soup

Rich creamy tomato and basil

### Main

Lamb

### Served with

Beetroot, potato and pumpkin

### Dessert

Strawberry cheesecake

Hello

It is **Friday, April 03.**  
Enjoy your texture modified meal.



## Lunch



### Main

Fish

### Served with

Rice, Roasted smashed potato and mixed greens

### Dessert

Chocolate cake

## Dinner



### Soup

Sweet potato and lentil

### Main

Pork

### Served with

Mashed potato, sweet potato and peas

### Dessert

Honey and coconut panna cotta

Hello

It is **Saturday, April 04.**  
Enjoy your texture modified meal.



## Lunch



### Main

Chicken

### Served with

Rice, Mashed potato, broccoli Carrots

### Dessert

Ginger honey cake

## Dinner



### Soup

Chicken laksa

### Main

Chicken

### Served with

Zucchini, corn and potato

### Dessert

Vanilla mousse / blueberry sauce

Hello

It is **Sunday, April 05.**  
Enjoy your texture modified meal.



## Lunch



### Main

Beef

---

### Served with

Rice, Peas, pumpkin, roast potato

---

### Dessert

Vanilla mango and raspberry slice

## Dinner



### Soup

Pea and ham

---

### Main

Chicken

---

### Served with

Peas, zucchini and corn

---

### Dessert

Mixed berry mousse

Hello

It is **Monday, April 06.**  
Enjoy your texture modified meal.



## Lunch



### Main

Chicken

### Served with

Potato gratin, peas and corn,

### Dessert

Sponge cake

## Dinner



### Soup

Broccoli

### Main

Salmon

### Served with

Cream mash, bean, carrots

### Dessert

Apple pureed

Hello

It is **Tuesday, April 07.**  
Enjoy your texture modified meal.



## Lunch



### Main

Chicken

### Served with

Rice, Mixed vegetables

### Dessert

Fruit puree and cream

## Dinner



### Soup

Split pea and mushroom

### Main

Pork

### Served with

Mash potato, peas and Bean

### Dessert

Caramel mousse

Hello

It is **Wednesday, April 08.**  
Enjoy your texture modified meal.



## Lunch



### Main

Pork

### Served with

Rice, Zucchini, carrot

### Dessert

Strawberry mousse

## Dinner



### Soup

Minestrone

### Main

Chicken

### Served with

Hokkien noodles

### Dessert

custard



Hello

It is **Thursday, April 09.**  
Enjoy your texture modified meal.



## Lunch



### Main

Beef

---

### Served with

Rice, Broccoli, pumpkin

---

### Dessert

Upside-down pineapple cake

## Dinner



### Soup

Beef vegetable

---

### Main

Pork

---

### Served with

Rice, corn, wombok

---

### Dessert

Fruit puree

Hello

It is **Friday, April 10.**  
Enjoy your texture modified meal.



## Lunch



### Main

Fish

---

### Served with

Rice, Potato, peas and pumpkin

---

### Dessert

Vanilla pannacotta

## Dinner



### Soup

French onion

---

### Main

Lamb

---

### Served with

Roast vegetable mix

---

### Dessert

Chocolate pudding

Hello

It is **Saturday, April 11.**  
Enjoy your texture modified meal.



## Lunch



### Main

Chicken

### Served with

Rice, Chilli mango pieces

### Dessert

Tiramisu

## Dinner



### Soup

Pumpkin

### Main

Chicken

### Served with

Mashed potato, peas, pumpkin

### Dessert

Fruit puree

Hello

It is **Sunday, April 12.**  
Enjoy your texture modified meal.



## Lunch



### Main

Beef

### Served with

Rice, Roast potato and veg medley

### Dessert

Summer pudding

## Dinner



### Soup

Cream of vegetable

### Main

Pork

### Served with

Vermicelli noodles

### Dessert

Chocolate ripple cake