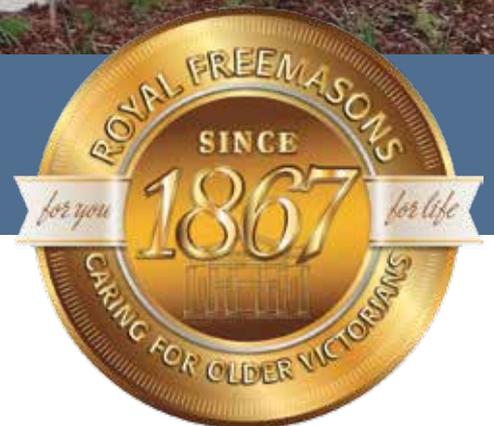


The Latest in Aged Care



Royal Freemasons Bendigo

royalfreemasons.org.au



Assisting you to live a secure, dignified and rewarding life, Royal Freemasons Bendigo offers memory support and respite care. State-of-the-art with a traditional feel, the home is designed for individuals or couples. Well-appointed rooms, spacious common areas and playground, Royal Freemasons Bendigo has a homely feel, providing a warm and welcoming environment.

Royal Freemasons Bendigo has flexible care arrangements and room configurations to accommodate singles or couples requiring different levels of care. In addition the home has a dedicated memory support unit which meets the specialized needs of residents with dementia.

The home offers state-of-the-art amenities such as split heating and cooling systems in each room and throughout; room furnishings that support an aging in place care model such as high low beds, nurse call, lockable bedside cabinets, appropriate and comfortable seating and supportive mobility equipment and pressure mattresses. Innovative facilities are equipped with overhead lifting tracks to eliminate discomfort to residents when repositioning.

The home is designed to draw residents to a central dining area 'typical of a family home' where residents can choose to eat alone or in the company of others, depending on friendships and preferences. There are spacious lounges in each wing and tea and coffee making areas for residents and their families. A central café is also available for residents and families which can be used as a central meeting point.

Our residents enjoy the privacy of their own room and ensuite, giving security and a sense of belonging, much valued during times when friends and family visit. Privacy is also conducive to relaxation and contentment. The environment enhances the resident's dignity and sense of control and empowerment as they create their own room configurations and decorate their room with their personal possessions. Scattered throughout our homes are libraries and games areas and internet cafés.

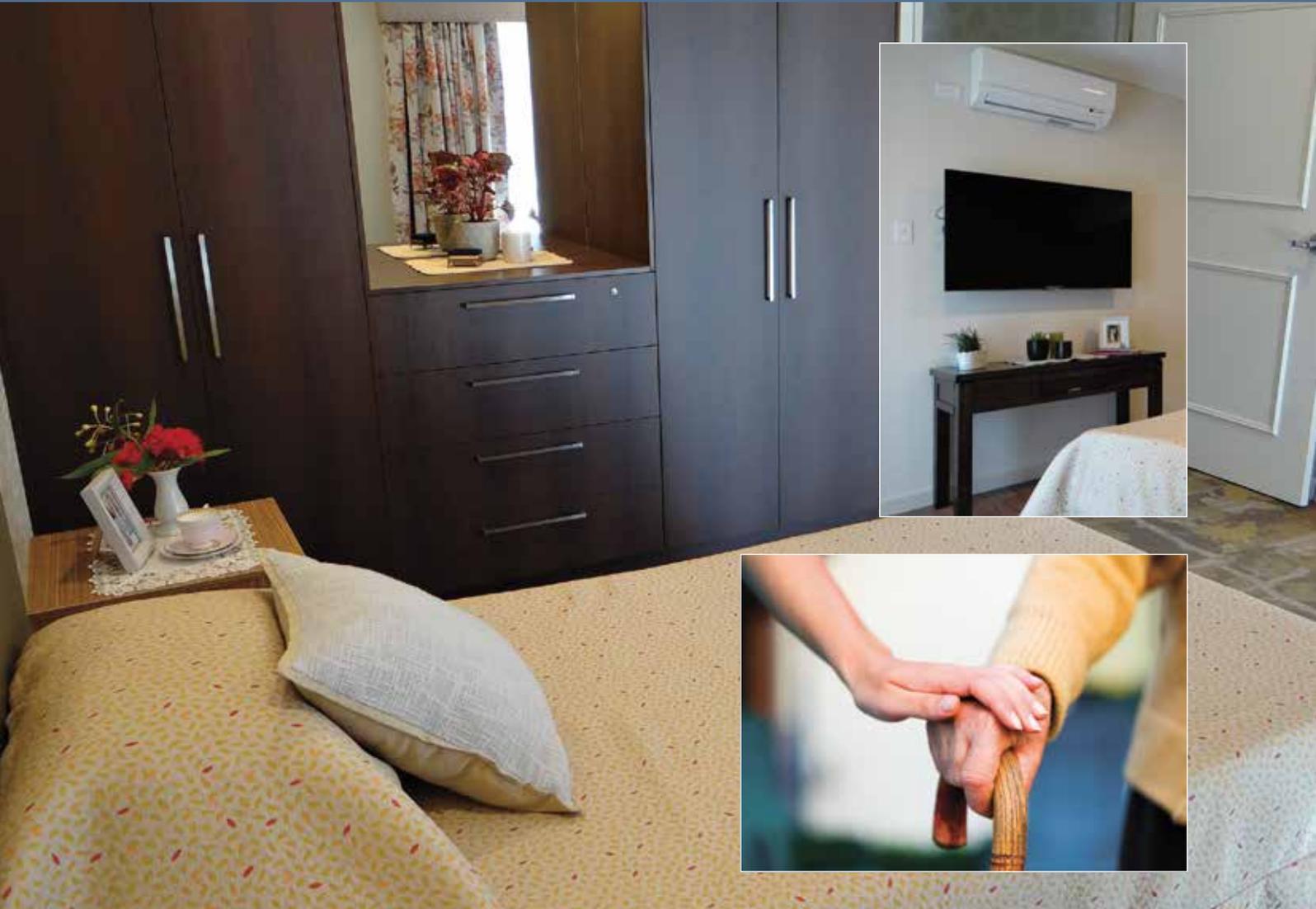
Our beds are fully adjustable, with specialised pressure care mattresses; there are a variety of lifting devices and mobility equipment to assist residents if necessary. Furnishings are designed especially to aid independence, comfort and cleanliness. A resident's chosen doctor is invited into the home and assisted and supported in caring for the resident in a specific medical room designed to meet the needs of the doctor while on site.



Freemasons Bendigo provides Aging in place, with a traditional touch, this single-level aged care home features spacious lounge areas and dining rooms, a cafe promoting high quality care and independence.



State-of-the-art with a traditional touch!



Some key features include • Air-conditioned rooms with private ensuite • Double suite rooms for couples • Wi-Fi and Smart-TV • Free Foxtel in residents' lounge areas, also available in rooms at a reasonable cost • On-site kitchen and commercial laundry • Café, children's playground, hairdressing and medical clinic • Landscaped gardens with courtyards • CCTV security

We believe in working with family and other informal carers in a spirit of open communication to ensure customers' needs and aspirations are understood and form part of the agreed plan for care and life experiences at *Royal Freemasons Bendigo*.

High Standards: The hallmark of Royal Freemasons

Come and see *Royal Freemasons Bendigo*

Enjoy a life of comfort and care within a community of like-minded individuals at *Royal Freemasons Bendigo*. We know older Australians need to live in a secure, dignified and rewarding environment - it's what makes us different - we really do strive to meet and exceed your individual needs, with respect, care and honesty.

Our service delivery is innovative, and we offer excellence in care to older persons in Victoria. We provide a wide range of social and cultural activities and serve delicious, home-cooked meals in elegant surroundings. Our residents enjoy spacious communal areas including a café, playground, gardens, BBQ, and court yards. Friends and family are encouraged to visit.

We Have a Focus on Wellness – Care begins with understanding our residents' life stories. Quality time invested in knowing each and every individual is our passion, be it favourite foods, movies, music or pastimes, the more we know the more we are able to enhance the living experience. Our people are well-qualified in care and demonstrate a customer service that is focused on wellness and encouraging our residents to live a full and meaningful life that complements each and every individual's choices.

A culinary experience – Presenting nutritious meals that wake up the taste buds helps keep our residents happy, healthy and active. We also know the best way to promote social interaction is around a hearty meal or casual lunch or dinner. At Royal Freemasons, we pride ourselves on providing a fresh and seasonal menu and a choice of cuisine at every meal with the help of our dietician. We value your input, and strive to make sure that your preferences are reflected as much as possible. Between mealtimes we provide mid-morning and afternoon tea, and supper so there's always something to delight. Outdoor dining options are also available in courtyards with BBQs and a playground.

Lifestyle Experiences

Our Lifestyle Program offers a diverse range of activities, for both groups and individuals, to promote socialisation and to encourage residents to retain their interests or learn new skills. Our dedicated people design and implement lifestyle and wellness programs according to a holistic needs model, with a focus on the physical, social, emotional, cultural, spiritual, cognitive and sensory aspects of wellness. Residents' choices and independence are promoted at all times, and we encourage a life lived in the community, engaging with community activities, clubs and groups.

Our programs aim to deliver on our One Mission, to assist our customers to live a secure, dignified and rewarding life by providing a range of quality care services and accommodation options. To achieve this, we recognise that it cannot be a one size fits all program, and that maintaining variety and range of activities is essential.

Our lifestyle programs can include, small to larger groups, one to one sessions or as part of the wider community. They range in type and desired outcomes for our residents and can include:

- Bus trips - to wineries and shopping days
- Music therapy
- Arts and Music: art therapy, performing arts and shows
- Exercise and wellness
- Skills and opportunities to learn: computer classes, crosswords, quizzes and cooking classes
- Pet Therapy - Paro
- Social and Community: storytelling, entertainment and festivals

Let us make you feel at home
Call us now for further information
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Disclaimer

This document is accurate to the date of publication. However, as it is written in an "easy-to-read" format, it cannot be guaranteed that every single statement is without flaw of any kind.